



# PPG Newsletter



Working with Alrewas Surgery staff to improve the services for everyone

December 2020

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Welcome to the latest Alrewas Surgery PPG newsletter. Our aim is to keep you updated and to let you know about other health related information that you may find of interest.

**On behalf of the PPG and the surgery team, we would like to wish you a very Happy Christmas. Although things will be very different this year, we hope that you find some new ways to make this festive season special.**

**Alrewas Volunteers** (organised by the PPG)  
Fancy a chat while walking around our lovely village? Need support to get library books or a prescription from the Pharmacy? Need help with your shopping? We're here if you need us! Call 0330 1332 106

**Fradley United** (A Fradley charity community group)  
If you are self-isolating for any reason and need food, shopping, medicine collection or someone to chat to, please call the 24-hour number 01283 293 031 and leave a message. Someone will then get in touch to see how they can help.

**Alrewas Surgery Annual Patient Survey**  
A very big thank you! We really appreciate your feedback on the services offered by the surgery. We will publish the results early next year.

**Feeling anxious?** These Staffordshire based services may be of help: Your GP; Staffordshire Wellbeing Service 0300 303 0923; For evenings and weekends Staffordshire Mental Health Helpline 0808 800 2234 or text 07860 022821; Burton and District Mind info@burtonmind.co.uk and 01283 566696.

**CPR during Covid-19** [www.resus.org.uk/watch](http://www.resus.org.uk/watch)  
Watch the Resuscitation Council's short animation video. It shows you the steps you can take to save a life while reducing the risk of Covid-19 transmission.

**Open Clinic** [www.openclinic.org.uk](http://www.openclinic.org.uk)  
The Midlands Partnership NHS Foundation Trust has a Sexual Health Prevention Team. They provide free resources (such as condoms) and information for young people so that they are aware of what is available to them locally to help look after their sexual health.

**AskSara** [asksara.livingmadeeasy.org.uk](http://asksara.livingmadeeasy.org.uk)  
Choose a topic, answer some questions and get impartial advice about equipment to help make daily living easier. Written by Occupational Therapists.

**Staffs County Council** [www.staffordshire.gov.uk](http://www.staffordshire.gov.uk)  
Lots of useful advice on keeping well and staying healthy. The Adult Social Care section includes information on mental health and wellbeing, getting active and what support is available for carers. There's also a link to **AppFinder** where you can discover the best tried and tested apps to help improve your health.

## SURGERY NEWS

The Surgery team would like to say a big thank you to the PPG for their help and support this year. It has been challenging for patients and staff and we have developed new ways of working, continually adapting in order to remain open and maintain the best service we can.

**Appointments:** A reminder that appointments with a doctor are initially phone calls. You can request a call within a certain time frame if you work, and while we can't guarantee calling at a specific time, we will continue to do our best to try. Nurses appointments can be booked in advance.

**Patient Access:** This can be used for online medication ordering, viewing test results and medical records and finding health information and advice, including Covid-19 support. Contact our IT guru Suzanne Wem for help if you have trouble signing up for access through the website [alrewassurgery.co.uk](http://alrewassurgery.co.uk).

**Your Phone Number:** Please update us if you change your contact details. We are increasingly using text messages, not just to remind you of your appointment, but also to alert you to test results and to make contact in connection with some consultations. It's a great and convenient 2-way communication tool.

**Flu Vaccinations:** If you qualify, please get in touch to book. As soon as we receive the vaccines for the 50 to 64 year olds, we will advertise this on the website, the PPG notice board near the Pharmacy and through social media and personal text messages.

**Covid Vaccination:** As soon as we have information, we will pass it on.

**Retiring:** Our wonderful practice nurse Carol Day is retiring in February. We did our best to refuse, but for Carol the time is right. Oh how we'll miss her, and I know you will miss her too. What an asset she has been to the surgery and a joy to work with.

**Also retiring!** Brace yourself...our fabulous senior partner, Dr Mager-Jones is retiring in March. Nooooooo! I hear you cry. We cried too! Dr Mager-Jones is the longest serving member of the surgery team and her exemplary clinical skills have been an inspiration to all members of the surgery staff, past and present. It's difficult to imagine the surgery without her gentle calming and caring influence. Staff and patients will hugely miss her, not least for her great sense of humour, which as staff members we are privileged to enjoy on a daily basis. More about Dr Mager-Jones and the surgery plans in the next newsletter

*The PPG is here to help you and be your voice. If you would like to get in touch, please email us at [alrewas.ppg@nhs.net](mailto:alrewas.ppg@nhs.net)*